



North Carolina Vikings



January, 2018

Sons of Norway / Vol. 11, No. 1 / NC Vikings Lodge 3-675

Lodge Officers 2016-2017

President

Frank Bell
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Counselor

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(919) 349-0102

Treasurer

Kjell Ottesen
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(919) 848-9152

Secretary

John (Chris) Christiansen
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Co-Social Directors

Kari Crenshaw
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Martha Arnum

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Membership Secretary

Open

Newsletter Editor

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President's Message

Godt Nytt År!

December was a very good month for the lodge:

- The 2017 Scandinavian Christmas Fair had great attendance (57% better than 2016). We sold out of many of the items we had for sale and were able to generate a healthy increase to our lodge's funds. Tusen takk to all those volunteers who assisted with this event.
- The Jultrefest was wonderful! It was great watching all of the children and parents sharing in the celebration together with the Juletre and the songs! I want to give my heartfelt thanks to Kari Crenshaw and Martha Arnum for organizing the dining facilities and the singing and dancing activities, and to the other volunteers who provided their time. We had about 45 people for the event and all of them were treated to special Norwegian tradition, especially the children who certainly enjoyed the dancing around the Juletre.

We have three meetings planned for the first half of the year. For January, on Saturday January 27th, 3:00 PM, we will have the installation of our 2018 lodge officers. The second meeting will be held on March 24th and will feature a "DNA Testing Follow On" presented by Ann Myhre -for those of you who had their DNA tested after Ann's first presentation, this will be a chance to pursue any questions with what you have received. On May 19th at 11:00 AM we will celebrate Syttende Mai.

We come to that part of the year where we are looking for ideas for the rest of our 2018 meetings. I need each of you to continue to participate as well as step up to the plate as volunteers to keep our Lodge going and help distribute the tasks to everyone. Any and all ideas are greatly appreciated. Please come with any ideas. See you on Saturday, January 27th, at our regular meeting location.

Please share your commitment and presence at these meetings as you are what make the North Carolina Vikings Lodge! Never forget to promote the Sons of Norway membership to friends and associates. Involvement in the lodge will certainly be worthwhile for you and your families but it is truly all about what "we make of it for us and each other".

Mike Tilder, Outgoing Vice President

North Carolina Vikings Lodge 3-675



Upcoming Vikings Lodge Programs and Lodge Meetings

Meetings will be held Underwood Hall at Good Shepherd Lutheran Church (7000 Creedmoor Road, Raleigh, NC 27613) unless noted otherwise.

Upcoming Events / First half 2018 Lodge meetings:

January 27	3pm – 5pm	Officer Installation
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**Lodge Officers to be installed:

President	Frank Bell
Counselor	Mike Tilder
Secretary	Chris Christiansen
Treasurer	Kjell Ottesen
Social Directors	Kari Crenshaw & Martha Arnum

March 24	3pm – 5pm	DNA Testing Follow up: Anne Myhre
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May 19	11am – 1pm	Syttende Mai Celebration
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2018 District 3 Convention

The District 3 Convention will be held on June 4-9, 2018 at the Radisson Hotel in Hauppauge, NY (Long Island). Anyone who is interested in attending as a lodge delegate or non-delegate please contact Chris Christiansen at jocmpc@att.net or 919-418-6670.

Help Plan a Meeting

Can you invite a professional or line up an expert or even fun person to help us with cultural programs at our lodge meetings? Call Mike Tilder at 919-460-9214 to pick a month or activity you can line up for the lodge!

Items for the Newsletter

Don't forget – if you've got an announcement, would like to pass on some information or just something interesting to share with the group, please email Mike Tilder at mmtilder@twc.com or Frank Bell at fbell@nc.rr.com

January / February Birthdays

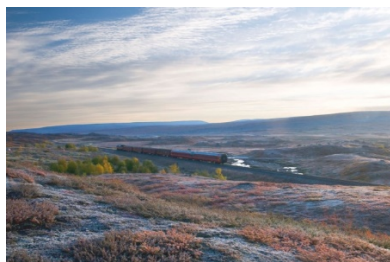
Karin Mede	January 1
Gladys Murdoch	January 17
Cory Quammen	January 23
Karl Erickson	January 27
Ann Myhre	January 31
Kaj Bern	February 8
Greta Holst	February 25

“All Aboard: Exploring Northern Norway by Train”

<http://www.hamhigh.co.uk/entertainment/travel/all-aboard-explore-northern-norway-by-train-1-5352939>

One of the best ways to tour one of the most magnificent landscapes in the world.

Starting at Trondheim, 300 miles north of Oslo and ending 400 miles further up the coast in Bodø, the journey carves its way through an ever-changing landscape of farmland, forests, fjords and mountains. From late autumn to early spring, passengers may even be lucky enough to spot the northern lights playing across the sky....



From Vision to Reality:

Norway to Fly fully Electric by 2040

<http://bellona.org/news/transport/electric-vehicles/2018-01-from-vision-to-reality-norway-to-fly-fully-electric-by-2040>

“It may sound like something out of a science fiction movie, however, Norway’s newly announced pledge to electrify all planes in the next 20 years, shows that powering planes on batteries is no longer a mere vision, but reality. Emissions from aviation are increasing worldwide alongside passengers’ appetite for cheaper and faster journeys, making aviation one of the fastest growing sources of climate-warming greenhouse gas (GHG) emissions.

Meanwhile, thanks to technological advancement in terms of battery price and performance, electrification is rapidly becoming an accessible option for the heavier transport modes, such as aviation.

A pioneer in electric transport

Despite being the largest oil and gas producer in Western Europe, Norway has global leadership in electric transport, which has over the years expanded beyond light duty vehicles, to include maritime transport, heavy duty vehicles and now even aviation.

Avinor, the Norwegian airport operator and air navigation service provider is leading in making Norwegian airports, as well as domestic flights better for the climate, and Avinor director Dag Falk-Petersen promises that this is only the beginning.

For example, Svalbard airport is today already operated partly by solar power, while at Oslo airport winter snow is stored in order to cool buildings down in the summer, making it a climate-neutral airport.

Due to Norwegian topography and physical barriers like fjords and mountains, there are many small airports scattered around, often within short distances. Flying has become the preferred mode of transport for many Norwegians, and the most efficient way to reach remote places. This is of course taking its toll on the climate....”



Musicians Make Beautiful Music Together on Instruments Made From Ice

<http://www.insideedition.com/musicians-make-beautiful-music-together-instruments-made-ice-39629>



A group of musicians from Norway have performed a concert using musical instruments made entirely of ice.

The instruments were made from frozen water taken from a Russian lake, which gives the instruments a clear and distinctive sound, according to local musicians.

The concert was inspired and led by Norwegian drummer Terje Isungset, who has been experimenting with "cold" music for about 20 years and has released seven albums.

"Originally I'm a drummer and a jazz musician, so I'm familiar with improvisation, of course, but there are also melodies (previously composed) and some are related to folk music because we use some of the scales from that," Isungset said.

Given the low temperatures in northern Russia in winter, ice is widely used in the area for creating art sculptures to attract tourists and local visitors.

This year, Kirovsk's stadium was turned into an ice sculpture festival venue.

The festival has proved very popular with visitors, organizers said.



Slow Cooker Norwegian Lamb Chops

<http://thankstothefood.com/slow-cooker-norwegian-lamb-chops/>



Prep time / 5 mins
Cook time / 6 hours
Total time / 6 hours 5 mins

Serves: 6

Ingredients

- 1 large onion, cut and separated into rings
- 1.5 kgs. (about 3.4 lbs.) lamb chops, extra fat trimmed off
- 4 cloves of garlic, minced
- 2 tablespoons red wine vinegar (balsamic is a good substitute)
- 2 tablespoons fresh rosemary
- ½ teaspoon salt
- ½ teaspoon black pepper, freshly ground

Instructions

1. Place the onion rings in the bottom of the slow cooker, covering it completely.
2. Add the lamb chops on top of the onions, then add in the garlic, red wine vinegar, rosemary, salt and pepper.
3. Turn the slow cooker on low for 6-8 hours, and cook until very tender, and the meat is falling off the bone.

Notes

Dried rosemary can be substituted for fresh rosemary.

Message From the District 3 President, Mary Andersen



Fra Presidenten, Mary B. Andersen.

Time to reboot and rewire*

(Title taken partly from an article in Forbes)


As we start a New Year, I would like to share a few thoughts with you that I've gathered from articles I have read or written over the years. I hope I can do so in a way that flows and makes sense!

Reboot

How many times have we experienced the message to reboot our computers? Sometimes it is to install an update. Other times it's to solve a problem and the easiest way is to turn the machine off and turn it back on again.

Many of our lodges will be "rebooting" by installing new lodge officers. Some of our members are taking roles that they have held before because no one else is available to take on the job. In one of my [VP letters from 2013](#), I wrote about a flock of geese and how important it is for someone to take the place of the lead goose. You may not believe you can have an impact, but you can and do. If you can't take a leadership role this year, it's not too early to think about next year. Volunteer for some projects and see how your lodge operates; look areas of improvement; your help will be appreciated. The lead goose can always use a break!

Rewire

I have never forgotten a President's letter written by past Norumbega President Luana Marie Jøsvold (yes, I really do read your lodge newsletters, I love them). It was about a blank piece of paper with one dot. 

Human nature is to focus on the black dot rather than all the open white space. The open white space represents opportunity areas, a blank canvas for you to fill with thoughts and ideas. As your new officers take office, please focus on their fresh ideas – the empty part of the canvas. Try not to focus on the black dot of "that's not the way we usually do it". Hold onto those things that are the essence of your lodge but be open to some rewiring which will bring some new events and ideas and maybe new ways of doing things. You just might be presently surprised!

Working together, we can keep this great big wonderful Third District Viking ship of ours under full sail, but we must be willing to catch new winds!

I wish you a very happy and healthy New Year!! - Mary

Find out more about Sons of Norway!

Sons of Norway Website:

<http://www.sofn.com/home/>

Facebook:

<http://www.facebook.com/groups/SonsofNorway/>

Twitter:

<http://twitter.com/#!/SonsofNorway>

LinkedIn:

<http://www.linkedin.com/company/2080826>

Sons of Norway Blog:

<http://www.sonsofnorwayblog.blogspot.com>

... and here are some informative Genealogy Websites!

<http://homepages.rootsweb.ancestry.com/~norway/>

A comprehensive list of sites related to Norwegian-American genealogy.

<http://www.nndata.no/home/jborgos/register.htm>

Oldest church registers in Norwegian Parishes. Shows the year in which different parishes began keeping church records.

<http://www.cyndislist.com/norway/>

List of sites related to Norwegian-American genealogy

<http://www.nb.no>

The National Library of Norway, including Norwegian newspapers.

<http://www.emigrationcenter.com/index.cfm>

The Norwegian Emigration and Genealogy Center

<http://digitalarkivet.uib.no/cgi-win/WebFront.exe?slag=vis&tekst=meldingar&spraak=e>

Norwegian National Archive. Includes the 1660, 1801, 1865 and 1900 censuses.

<http://home.online.no/~cfscheel/index.htm>

List of Norwegian local histories, dictionary, calendar, and more

http://www.dokpro.uio.no/dipl_norv/diplom_field_eng.html

Search amongst 16,000 documents from Norway during the period 1050 – 1590

