



# North Carolina Vikings

Founded in 2007



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2020-2021

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\*\*OPEN\*\*

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## President's Message

Welcome to 2021, NC Vikings!

We are in the midst of a pandemic that is testing every fiber of our being. It has taken the collective strength of our NC membership to carry our lodge forward during these bad times. We will care for each other and we will share our common Norwegian heritage despite not being able to meet in person due to precautionary measures or state restrictions.

This does not mean that we will hibernate for the winter. Our newsletter will still be published (Thanks, Jennifer!). The newsletter will remind us of what we've done in the past and what we can plan for the 2nd half of the year. I'm sure we will all be hungering for Norwegian social interaction.

We're going to have a great 2021, I'm sure of it. We have a great lodge membership and lots of officer knowledge and experience that we can draw upon. Unfortunately, COVID is still raging out of control in NC and most of this year's activity will be in the 2nd half of the year. Once we have all been vaccinated and the average number of infections in NC declines, we will resume in-person lodge meetings.

Welcome, Michelle and Steve Evjen. We are all looking forward to meeting you both!

Happy New Year!

Med Vennlig Hilsen,

Asgeir (Andy) Kristoffersen  
North Carolina Vikings Lodge 3-675



## Upcoming Vikings Lodge Programs and Lodge Meetings

Later in the year, meetings will be held at Underwood Hall at Good Shepherd Lutheran Church (7000 Creedmoor Road, Raleigh, NC 27613) unless noted otherwise.

### January / February Lodge Birthdays

Karin Mede	January 1	Cory Quammen	January 23
Jane Fast	January 3	Jo Ann Hoff	January 28
Gladys Murdoch	January 17	David Ropp	January 30
Theodore Ropp	January 19	Ann Myhre	January 31
Tessa Ropp	February 1	Sylvia Berman	February 24
John Morch	February 13	Greta Holst	February 25
Linnea Quammen	February 15		

*Gratulerer med dagen!*

### Help Plan a Meeting

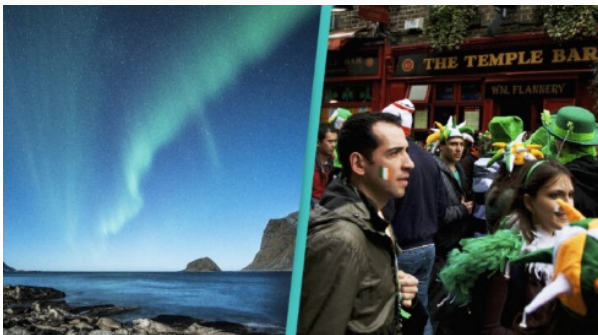
Can you invite a professional, expert or overall fun person to help us with cultural programs at our lodge meetings? Call Andy Kristoffersen or Frank Bell to pick an activity you can line up for the lodge!

### Items for the Newsletter

If you've got an announcement, or just have something interesting to share with the group, please email Andy Kristoffersen at [asgeirkristoffersen@gmail.com](mailto:asgeirkristoffersen@gmail.com) or Frank Bell at [bellfrank2@gmail.com](mailto:bellfrank2@gmail.com).

### Norway Voted Best Country in the World for Quality of Life

<http://www.norwaynews.com/norway-voted-best-country-in-the-world-for-quality-of-life/>



Norway has been voted as the best country in the world for quality of life according to United Nation's latest Human Development Index (HDI) ranking.

Neither the UK nor the US came in the top ten while Norway has remained in the top spot for several years.

The HDI ranks a country depending on its life expectancy, expected years of schooling, mean years of schooling as well as gross international income (GNI).

For Norway, its life expectancy is the highest of the 189 countries in the index, with an average of 82.4 years. Meanwhile, the UK's was 81.3 years, and the US was 78.9.

## Meet Colonel-in-Chief Sir Nils Olav, a Knighted Penguin of the Norwegian King's Guard

<https://earthlymission.com/knighted-king-penguin-colonel-in-chief-sir-nils-olav-norwegian-kings-guard/>



“Did you know that Edinburgh Zoo is home to a knighted penguin? Meet Sir Nils Olav! Brigadier Sir Nils Olav III is a soldierly king penguin who resides in Edinburgh Zoo, Scotland. He serves as the mascot and colonel-in-chief of the Norwegian King's Guard. The name 'Nils Olav' and associated ranks have been passed down through three king penguins since 1972 – the current holder being Nils Olav III.

Norway – whose famous explorer Roald Amundsen was the first person to reach the South Pole in 1911 – presented Edinburgh Zoo with its first king penguin at its opening in 1913.

When the Norwegian King's Guard visited the Edinburgh Military Tattoo of 1961 for a drill display, a lieutenant named Nils Egelién began to show interest in the zoo's penguin colony. When the King's Guard returned to Edinburgh again in 1972, the lieutenant persuaded the regiment to adopt a penguin. This penguin was named Nils Olav in honour of Nils Egelién and King Olav V of Norway. Following his adoption, Nils was given the role of mascot for the Norwegian Guard and has quickly moved up the ranks:

1982 – Corporal  
1987 – Sergeant  
1993 – Regimental Sergeant Major  
2001 – Honourable Regimental Sergeant Major  
2005 – Colonel-in-Chief  
2008 – Knighthood  
2016 – Brigadier

He now outranks Nils Egelién. Here's a video of him being promoted to Brigadier in 2016. Nils is highly respected among the Norwegian Guardsmen and has received these honours and medals due to his outstanding service and good conduct! The Guardsmen like to visit Nils every few years while they are in the city performing at the Edinburgh Military Tattoo. And watching Nils inspecting them is a once-in-a-lifetime experience.”

## Virtual Travel Experiences Over Norway

Although travel has been at a minimum over the past year or so, there are still plenty of virtual opportunities to see and explore the beauty of Norway from the comfort – and safety – of your own home.

Here are just a few...

### Flying Over Norway: 1-Hour Ambient Drone Film & Music

[https://www.youtube.com/watch?v=ftlvreFtA2A&ab\\_channel=NatureRelaxationFilms](https://www.youtube.com/watch?v=ftlvreFtA2A&ab_channel=NatureRelaxationFilms)



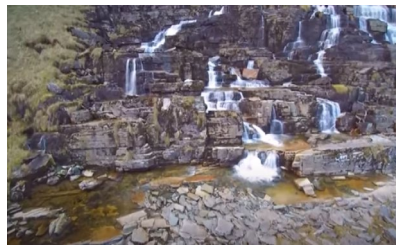
### Flying Over Norway

[https://www.youtube.com/watch?v=8P\\_gnAgAOtw](https://www.youtube.com/watch?v=8P_gnAgAOtw)



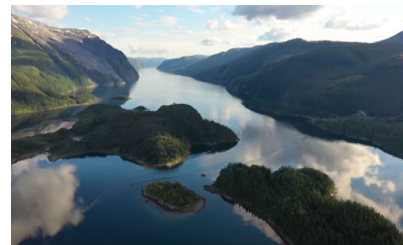
### Flying Over Norway: 30 Min Ambient Drone Movie & Relaxing Music

<https://www.youtube.com/watch?v=g0T5y01uiyA>



### Norway Nature: Ambient Drone Plus Meditation Music for Stress Relief

[https://www.youtube.com/watch?v=nZYqLR\\_DBqw](https://www.youtube.com/watch?v=nZYqLR_DBqw)



## Norwegian Air to Axe Long-Haul Operations in Bid to Survive

<https://www.msn.com/en-us/travel/news/norwegian-air-to-axe-long-haul-operations-in-bid-to-survive/ar-BB1cKlnR?li=BBnbkIE>

“Low-cost carrier Norwegian Air will end its long-haul operations in a bid to survive. The airline announced on Thursday that it will give up the long-haul segment of its operations, returning solely to its short-haul network that allowed it to grow.



Norwegian said that it plans to serve the Nordics and key European destinations by using around 50 of its narrow-body aircraft in 2021. It plans to increase that short-haul operation to 70 narrow-body aircraft in 2022.

“Our short-haul network has always been the backbone of Norwegian and will form the basis of a future resilient business model,” said Jacob Schram, CEO of Norwegian.

The airline is targeting to reduce its debt to around 20 billion Norwegian crowns (about \$2.3 billion) and raise four to five billion crowns through a combination of initiatives. Additionally, it said that it’s reinitiated dialogue with the Norwegian government about “possible state participation based on the new business plan.”

“By focusing our operation on a short-haul network, we aim to attract existing and new investors, serve our customers and support the wider infrastructure and travel industry in Norway and across the Nordics and Europe,” Schram said.

In November 2020, Norwegian filed for the equivalent of Chapter 11 bankruptcy protection in Ireland. The move to initiate an examinership process protected it from creditor action in Ireland for up to 100 days. We now know the carrier will cut its long-haul operations going forward.

In pre-coronavirus times, the airline’s financial future was uncertain. The issue has only been exacerbated by the COVID-19 pandemic, which has largely grounded air travel around the world.

Norwegian relaunched some short-haul service in 2020. However, at the time, it was planning to keep long-haul flights off the table until at least mid-2021. Those plans have been replaced by Monday’s decision to do away with its long-haul operations completely.

In 2015, Norwegian made waves in the transatlantic market when its then-CEO Bjørn Kjos said that it planned to launch flights between the U.S. and Europe from just \$69 one-way.

Since its launch in the transatlantic market, the low-cost carrier expanded its long-haul route network at a rapid pace. It opened bases at London Gatwick, Rome and in Spain. Additionally, it operated to new destinations in the U.S., including Las Vegas, Boston, New York, Miami and more.

It also added routes between Europe and smaller, East Coast U.S. cities, such as Newburgh, New York (SWF) and Hartford, Connecticut (BDL). However, those operations were suspended before the coronavirus pandemic.”

## Update Regarding the Sale of L.O.V.

Provided by 3D President Kathy Dollymore

There have been a number of questions asked since my letter regarding the sale of LOV went out. In an effort to be as transparent as possible at this time and to stop any potential rumors for circulating, I am sending this update. Please know that the final financial accounting for the sale of LOV is far from complete.

- As of the payment from Sons of Norway International for our January dues, no more funds will be allotted to 3D LTD to support LOV. From that point on all dues receipts will remain in the Third District's account.
- There are still many bills and other liabilities that must be taken care of before we know our actual bottom line from the sale of LOV.
- The negotiations team advertised the property in both the NY Times as well as a major Binghamton newspaper with a sale price of \$250,000. This was a bit higher than the range for the sale price given to the team by the Board, but they felt that any buyer would attempt to negotiate the price lower and that this asking price would give them some leeway to negotiate.
- The negotiations team did receive a few calls from these advertisements, but none resulted in a truly interested buyer. The team also received many calls that were quickly identified as "fishing exhibitions". However, the team did diligently pursue each and every lead.
- At one point the team reached out to all those who had shown an interest to purchase LOV, and asked them to put their offers, with all terms and conditions in writing. The team wanted to assure that promises, such as use of the rooms for storage, use of the property for Board meeting and Youth Camp as well as the ability for those who have been visiting LOV to be able to continue to do so, were memorialized in writing.
- All such offers that were received were reviewed with the Board. On two occasions the Board approved offers of \$140,000 and \$150,000 respectively, but before the contract was signed, each prospective buyer had backed out.
- Finally, John Elliott, through his brother-in-law Jeff Pine, a neighbor of LOV, offered \$151,000. After Board approval of his offer, our attorney went to work, again and this deal was finalized on December 29, 2020, two months after the Board's approval and much work by myself and members of the negotiations team.
- While the sale price was \$151,000, before we can tell you the bottom line what we will take away from the deal, we have to pay bills and other liabilities such as attorney's fees, repayment of loans to members of \$15,000 (which was specified in the financial section of the reports book for the 2018 convention on page 38) capital gains taxes and other costs associated with the sale.
- When the 3D Finance Committee has completed the final accounting for the sale of LOV, we will be happy to share that information with our members. But, before the Finance Committee can begin their work, our 2020 taxes will have to be completed by our accountant so that we know the capital gains tax liability.
- Please be patient, these things take time and we're still dealing with a serious pandemic which slows us even more.

Fraternally, Kathy Dollymore, 3D President with assistance from negotiating team member Karen Olsen-Helmold.

## Five Must-See Norwegian Films

<https://www.sofn.com/blog/5-must-see-norwegian-films/>

Attention movie buffs! If you're looking to cozy up and watch some Norwegian films this winter, here are five classics to check out.

### “Max Manus: Man of War” (2008)

Starring Aksel Hennie and Agnes Kittelsen, this film is based on the true story of Norway's most celebrated World War II resistance fighter, Max Manus. After fighting against the Russians, Manus returned to a German-occupied Norway and joined the resistance movement led by Gunnar Sønsteby. His heroic actions helped liberate Norway from the occupying Nazi forces. The film received seven Amanda Awards in 2009, including Best Actor in a Leading Role for Hennie and Best Actress in a Supporting Role for Kittelsen. Fun fact! The [April 2011 issue of Viking](#) featured an interview with Sønsteby.

### “Elling” (2001)

The offbeat comedy film follows two middle-aged men, Elling and Kjell, as they readjust to everyday life after being released from a state institution. Living in an apartment in Oslo, the men help each other gain independence, overcome phobias and embrace urban life around them. The film is based on the best-selling novel, “Blood Brothers,” by Ingvar Ambjørnsen.

### “Headhunters” (2011)

Based on Jo Nesbø's best-selling novel from 2008, the film follows successful headhunter Roger Brown. To subsidize his extravagant lifestyle with gallery-owner wife Diana, Brown steals works of art on the side. He learns that a new client, Clas Greve, is in possession of a very valuable painting. Hoping to end his financial problems once and for all, Brown starts to plan his biggest heist yet. Chaos ensues, and he soon becomes a hunted man.



### “Kon-Tiki” (1950)

This documentary follows the epic journey of Norwegian biologist and explorer Thor Heyerdahl on his 4,300-nautical-mile expedition across the Pacific Ocean.

He set sail on his raft, named Kon-Tiki, from Peru in 1947 bound for the Polynesian islands. Heyerdahl wanted to prove that ancient South American natives could have populated Polynesia by sailing across the Pacific Ocean. After 101 days on the open sea battling the elements, Heyerdahl and his crew arrived on the Raroia reef inside Polynesia. The expedition was hailed as one of the most daring and fantastic feats of courage of its time.

### “Kon-Tiki” (2012)

In 2012, Norwegian directors Joachim Rønning and Espen Sandberg brought an updated version of Thor Heyerdahl's 1947 adventure to the big screen. With a budget of \$15 million, “Kon-Tiki” is Norway's most expensive film of all time. Filmed in 60 days in six countries, scenes were shot in both Norwegian and English. It opened in Norway in September 2012 to huge box office numbers and quickly became the highest-grossing film in Scandinavia. An English version hit American screens in April 2013. That same year, “Kon-Tiki” received Golden Globe and Academy Award nominations for Best Foreign Language Film.

# How to Make Authentic Norwegian Gløgg, a Mulled Wine Treat

<https://bit.ly/3stGsGA>



“Though the first culture to heat up sweetened wine before spiking it with spirits and spices were the Romans in the 2nd century, it’s hard to argue that the Nordic countries have become known for perfecting it. Mulled wine in Norway, locally known as *gløgg*, is a matter of particular regional pride. What sets apart authentic Norwegian *gløgg* is the use of the country’s national spirit, aquavit, to spike the base.

Harald Hansen, public information manager at Visit Norway, says of aquavit, “It’s a potato-based spirit commonly flavored with savory herbs like dill, fennel or coriander.” He lends us his recipe for Norwegian *gløgg*, telling us, “This is the way my family in Norway serves it, and most of my friends.”

## Ingredients

- 1 bottle of red wine
- 1 teaspoon cardamom
- 5 whole cloves
- 1 large sliced cinnamon stick
- 1 2-inch piece of ginger, chopped
- 12 ounces white sugar
- ½ 750-ml bottle of aquavit (or substitute vodka or Cognac)
- 3½ ounces raisins
- 3½ ounces sliced almonds

## Directions

Heat the red wine slowly in a saucepot over medium-high heat. Put the cardamom, cloves, cinnamon and ginger in a spice bag and add to the pot. Stir in the sugar until it dissolves.

Remove the pan from heat and let cool, approximately 2 hours. Add the aquavit to the pan and place over medium-high heat. Heat until just before mixture reaches a boil. Add raisins and almonds. Transfer mixture to a punchbowl, remove the spice bag and ladle into large glass cups with little spoons, scooping up raisins and almonds. Serves 8.



## From the District 3 President, Kathy Dollymore



A Season of Change, Happy New Year!

I wish you and your family peace, joy and prosperity in 2021.

This past year was an unprecedented one for our Third District, our Sons of Norway and really the world. Lodges throughout our order had to make difficult decisions about meetings, gatherings, and events. But we have survived and endured. We can be grateful for the freedoms we used to take for granted—for the health professionals and other workers who keep us safe, and for our connections, family and friends.

Please think back to the things we have accomplished this past year. We had learned how to ZOOM, we've persevered keeping our lodges informed and still meeting – if not in person, at least virtually and through our newsletters. The 3D Board has been working virtually being able to connect from Maine to Florida breaking down geographical barriers, reducing travel and lodging cost to the 3D and allowing members to spend safe time at home while still getting things done.

Satellite branches of local lodges are organizing. Something not seen in the SON Organization before. We've also seen lodges donating money, food and medical equipment to support people affected by the coronavirus.

Let's take a new perspective on daily activities such as cooking, handcrafts, book reading, or those odd jobs you have been putting off. Find joy in spending time making something nice for yourself or others and a good place to start is the Cultural link on the Sons of Norway website.

I hope that in the new year we will be marching in parades, hog in dinners, serving lefse at local events, and attending Scandinavian Fairs to raise our Norwegian Flag!! But we will just keep moving forward and doing what we need to do. So, let's "turn the page" to 2021 with anticipation and expectation.

Kathy Dollymore  
3D President

## **Find out more about Sons of Norway!**

Sons of Norway Website	<a href="https://www.sofn.com/">https://www.sofn.com/</a>
Facebook	<a href="http://www.facebook.com/groups/SonsofNorway/">http://www.facebook.com/groups/SonsofNorway/</a>
Twitter	<a href="http://twitter.com/#!/SonsofNorway">http://twitter.com/#!/SonsofNorway</a>
LinkedIn	<a href="http://www.linkedin.com/company/2080826">http://www.linkedin.com/company/2080826</a>

### **... and here are some informative Genealogy Websites!**

A comprehensive list of sites related to Norwegian-American genealogy.

<http://homepages.rootsweb.ancestry.com/~norway/>

Oldest church registers in Norwegian Parishes. Shows the year in which different parishes began keeping church records.

<http://www.nndata.no/home/jborgos/register.htm>

<http://www.cyndislist.com/norway/>

### **List of sites related to Norwegian-American genealogy**

The National Library of Norway, including Norwegian newspapers / <http://www.nb.no>

The Norwegian Emigration and Genealogy Center / <http://www.emigrationcenter.com/index.cfm>

Norwegian National Archive. Includes the 1660, 1801, 1865 and 1900 censuses /

<http://digitalarkivet.uib.no/cgi-win/WebFront.exe?slag=vis&tekst=meldingar&spraak=e>

Search amongst 16,000 documents from Norway during the period 1050 – 1590 /

[http://www.dokpro.uio.no/dipl\\_norv/diplom\\_field\\_eng.html](http://www.dokpro.uio.no/dipl_norv/diplom_field_eng.html)

### **And here are some interesting sites related to travel to Norway / Scandinavia –**

Norway's Official Site	<a href="http://www.Norway.org">www.Norway.org</a>
Royal Norwegian Embassy, Washington D.C.	<a href="http://www.norway.org/embassy/washington/">http://www.norway.org/embassy/washington/</a>
Royal Norwegian Consulate General New York	<a href="http://www.norway.org/News_and_events/CG-New-York/">http://www.norway.org/News_and_events/CG-New-York/</a>
Norway's Travel Requirements	<a href="https://travel.state.gov/content/passports/en/country/norway.html">https://travel.state.gov/content/passports/en/country/norway.html</a>
Hurtigruten Voyages	<a href="http://www.hurtigruten.us">http://www.hurtigruten.us</a>
Viking River Cruises	<a href="http://www.vikingrivercruises.com">http://www.vikingrivercruises.com</a>
Norwegian American Genealogical Center & Naseth Library	<a href="http://www.nagcnl.org">http://www.nagcnl.org</a>
Vesterheim Museum: "A Norwegian	<a href="http://vesterheim.org/index.php">http://vesterheim.org/index.php</a>

