



North Carolina Vikings

Founded in 2007



November 2021

Sons of Norway / Vol. 14, No. 8 / NC Vikings Lodge 3-675

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2020-2021

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President's Message

Our next lodge meeting is scheduled for November 20 at 2:00 pm at the same place, Good Shepherd Lutheran Church on Creedmoor Road in Raleigh. I look forward to seeing you there.

Twenty years ago I had the pleasure of visiting Starbuck, Minnesota at the invitation of a fellow work colleague, Bil Pederson and his lovely wife Lorna. Starbuck is a small village in western

Minnesota steeped in Norwegian heritage and is home to the world's largest Lefse.

In the October 2020 newsletter I reported that once again the Vikings have landed in North America, this time in a 20 ft Viking longboat built by master craftsman and boat builder Victor Fasolino of Beaufort, NC. At that time I spotted Vic's Craigslist ad and passed it on to Bil Pederson. Bil's efforts resulted in an incredible gift of a Viking ship to the Starbuck community by an anonymous donor. We've all heard of Craigslist interactions that have gone way wrong. This is an example of one that linked two small American towns; Starbuck, Minn with Beaufort, NC in a permanent Nordic cultural exchange.

See more below for the latest news from Starbuck.

Med Vennlig Hilsen,
Asgeir (Andy) Kristoffersen
North Carolina Vikings Lodge 3-675



Upcoming Vikings Lodge Program and Lodge Meetings

Meetings in 2021 will be held at Underwood Hall at Good Shepherd Lutheran Church (7000 Creedmoor Road, Raleigh, NC 27613) unless noted otherwise.

For the November meeting, we will be meeting at 2pm on November 20th, and we are asking that everyone please bring something to share with the group such as an appetizer or a dessert.

Our Christmas dinner will be held on December 11th from 3-5pm at Good Shepherd Lutheran Church. Please save the date!

November 20, 2021	2:00 pm
December 11, 2021	3-5:00 pm

November/December Lodge Birthdays

Karen Nancy Kvam	November 4
Diane Mickelson	November 12
Susan Horvick	November 16
Jayne Richards	November 20
John Myhre	November 23
Judy Vanhoozier	November 25
Walter S. Lewis	December 4
Cynthia L. McMillan	December 4
Michael Steven Thys	December 5
Asgeir Inge Kristoffersen	December 9
David J. Murphy-Forler	December 11
Jill Wargin	December 19
Brett Adam Richardson	December 21
Maureen Bell	December 31
Michelle Hunt Evjen	December 31



Help Plan a Meeting

Can you invite a professional, expert or overall fun person to help us with cultural programs at our lodge meetings? Call Andy Kristoffersen or Frank Bell to pick an activity you can line up for the lodge!

Items for the Newsletter

If you've got an announcement, or just have something interesting to share with the group, please email Andy Kristoffersen at asgeirkristoffersen@gmail.com or Frank Bell at bellfrank2@gmail.com.

North Carolina Vikings Facebook Page

Join the NC Vikings Sons of Norway Lodge 675 Facebook page, set up and maintained by talented lodge member Terri Richards. Learn all about life in Norway, including Norwegian food, culture and history. It's a great way to keep up with the group between meetings. Thank you, Terri!

NC Vikings Officer Spotlight: Michelle Evjen, Secretary

Hei, Hei!

Let me introduce myself, my name is Michelle Evjen and I'm the new secretary for SON Lodge 3-675. I live in Wilson, NC with my husband Steven (Steve) who is a CPA and two furry babies (dogs), Zoey and Bear.

I am originally from the Wilson area but lived in Rochester, MN after marrying Steve in 1997. I lived in MN for 17 years and then we moved back to NC to be with my Mom when my Dad passed away unexpectedly in 2014. I am the oldest of four girls and we all live in NC now as I had two sisters who lived in FL until 2014. I am the Executive Assistant to the Center Director of a state run Skilled Nursing Facility. As you can image, after COVID I have been very busy.

I love to read! I read constantly and pretty much keep a book with me anywhere I go as you never know when you will have some downtime that can be spent reading. I also love to cook. I'm looking forward to working on my cooking badge at SON. I'll be calling on members to be taste testers and to help eat all the dishes I have to prepare to earn my badge. I am currently taking an online course for web design and hope to work towards a certification in web design. Steve and I were members of the SON in Rochester, MN and after moving here decided to see if there was a chapter here and we found you! I'm looking forward to getting to know everyone. Thanks for the chance to be your Secretary and the warm welcome.



Viking for Kids

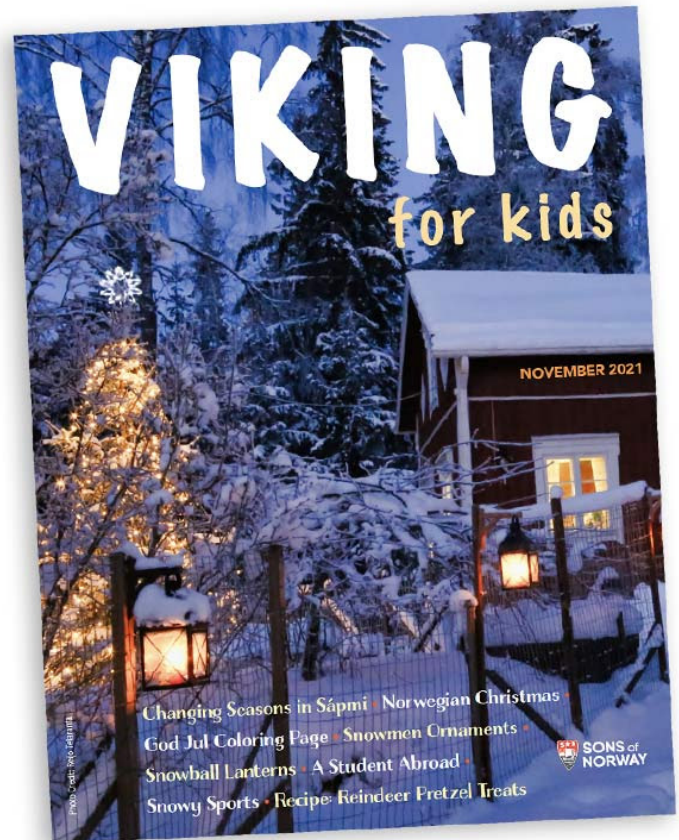
Our NEW issue of Viking for Kids is here.

The November issue of Viking for Kids is not available for download. This edition covers snowy sports, Sámi reindeer herding, Christmas traditions, snowball lanterns, chocolatey reindeer treats, and a Christmas coloring page! You'll also hear an update from Liv, an American student spending a year at a folk high school in Norway.

Viking for Kids is a quarterly digital publication with Scandinavian-inspired articles, quizzes, coloring pages and more! Share this magazine with Heritage members* and tell us what you learned from Viking for Kids at culture@sofn.com.

[Download now!](#)

Viking for Kids is also archived online at sofn.com/vikingforkids



*Note to parents: We welcome children ages 15 and under to the Heritage member program.

Heritage members must be sponsored by a relative who is already a Sons of Norway member (most often a parent or grandparent) but they are not required to be part of the same household as the sponsoring member. At age 16, Heritage members have the option of joining Sons of Norway as an adult Individual member or as part of a Family membership, if one exists at their home address.

Find the New Heritage Membership Request form [here](#).



'Brimdyr' is a Viking Boat that Just Belongs in Starbuck

<https://pctribune.com/2021/11/brimdyr-is-a-viking-boat-that-just-belongs-in-starbuck/>



Pictured: The fire breathing serpent's maiden voyage was a real icebreaker, literally, in the marina in Starbuck as Pederson, his grandson, Nick and Nick's now wife, Ashley helped steer the boat into open water.

Many have seen it; few have experienced it. Little did Bill Pederson know what he was getting into when he agreed to an anonymous relative and Starbuck-dweller's scheme.

"I was told he would buy the boat if went and got it... in Beaufort, North Carolina. But he said the boat belongs in Starbuck, so I trailered it to Wisconsin where I live. Lost a fender and taillight, bent and cracked an axle along the way," said Pederson.

All of this adventure to bring Brimdyr, meaning surf animal in Old Norse, is a 20-foot Viking long boat, to Starbuck. Hand-crafted by Kingston Wooden Boats, Brimdyr has a 48-inch beam constructed using the glued lapstrake technique with each plank overlapping the previous by one inch and the seams are epoxied together. There are no fasteners holding the planks, stems or keelson construction together.

The boat has a hidden propane tank so that the serpent can spit an actual flame from its mouth and an 85-pound thrust electric motor is hidden beneath the boat for when the Viking warriors get tired of rowing. The planks are 3/8-inch thick okuome marine plywood. The stems, keel, gunwales and serpent's head and tail are made of sapele, and the seats are yellow pine.

Pederson and his anonymous relative purchased the boat along with its shields, paddles, sail and enough gear (wigs, vests, helmets, wooden swords, etc.) to outfit several Viking warriors. It even came with a blowable conch shell horn.

Brimdyr has been on a few voyages now as Pederson and his high school classmate Gary Swenson sailed the boat from Starbuck to Glenwood last July Fourth and plan to take the boat in the opposite direction this coming summer.

***Story posted on [Starbuck Depot and Museums Facebook page](#), November 14, 2021**

"An interesting story that has gained a lot of attention for Starbuck on Facebook and at local events over the past year was also in the 11/10 edition of the Starbuck Times. It is a great article and thank you to the Starbuck Times for the publicity, but there is so much more that could be told about this incredible gift to our community. The additional photos of the maiden voyage of the Brimdyr on Lake Minnewaska last fall help to summarize the story, but really the most important part is about the love, care and spirit for a hometown. It is a wonderful gift, and we look forward to more "Viking" news to come."

(photos following)



Brindyr

Viking Long Boat

I thought a Viking Long Boat would be fun to build and I found a lines drawing for this boat during a Google images search. It had no dimensions and could have been for a 60' boat or a 12' boat. I chose to scale it to 20' and it yielded a 48" beam, just about what I wanted. By modifying the section view, I was able to add substantially more upward sweep in the bow and stern than the original plan. I build a scale model, altered some dimensions and proceeded to build the boat.

It is constructed using the glued lapstrake technique with each plank overlapping the previous plank by 1" and the seams are epoxied together. There are no fasteners holding the planks, stems or keelson construction together. The planks are 3/8" thick okume marine plywood, the stems, keel, gunwales and serpent's head and tail are made of sepele and the seats are yellow pine.

Then the project grew. After getting various friends' advice, scanning more images and researching Viking lore, I choose to do the shields, oars and sail. A lot of Norse lore is truly based on speculation since there are so few artifacts remaining but general consensus supports the very traditional designs I used for the shields and sail.

Notice that the serpent, very unlike tradition, can spit actual flame from his mouth and if you look carefully, I am sure you can find the propane tank!

Sometimes my Viking Warriors get tired of rowing across the seas and I had to incorporate a more modern means of propulsion which was certainly unavailable to the Vikings in the 9th century.

Length: 20' Beam: 48" Draft: 10"

Builder: Vic Fasolino
kingstonwoodenboats.com



A couple of Vikings on Lake Minnewaska this summer



A well deserved Klub dinner at the Waters Edge after docking the boat



First time on lake Minnewaska last fall



Sons of Norway Book Club Update

Sons of Norway Book Club Selections | December 2021 – June 2022

All books available from Amazon.com (see descriptions on Amazon).



December 2021 Book Club Selections

Main Read: ***Assault in Norway: Sabotaging the Nazi Nuclear Program*** by Thomas Gallagher

Mystery Read: ***Roseanna*** by Maj Sjowall and Per Wahloo

Zoom Meeting/Discussion Date: December 30



January 2022 Book Club Selections

Main Read: ***Between Rocks and Hard Places*** by Ann Urness Gesme

Mystery Read: ***The Girl with the Dragon Tattoo*** by Stieg Larsson

Zoom Meeting/Discussion Date: January 27



February 2022 Book Club Selections

Main Read: ***The Ice Palace*** by Terjei Vesaas

Mystery Read: ***Roseanna*** by Maj Sjowall & Per Wahloo

Zoom Meeting/Discussion Date: February 24



March 2022 Book Club Selections

Main Read: ***Peer Gynt*** by Henrik Ibsen

Mystery Read: ***Burned*** by Thomas Enger

Zoom Meeting/Discussion Date: March 31



April 2022 Book Club Selections

Main Read: ***Out Stealing Horses*** by Per Patterson

Mystery Read: ***The Fellowship of Ghosts: Travels in the Land of the Midnight Sun (a Travelogue)*** by Karin Fossum

Zoom Meeting/Discussion Date: April 28



May 2022 Book Club Selections

Main Read: **To Be Determined**

Mystery Read: **To Be Determined**

Zoom Meeting/Discussion Date: May 26

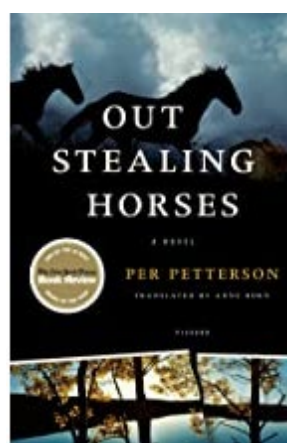
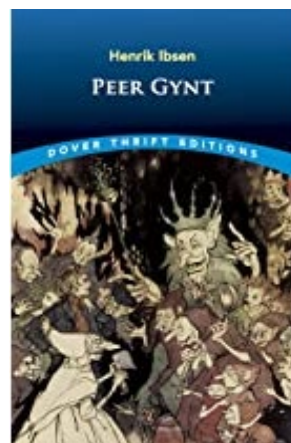
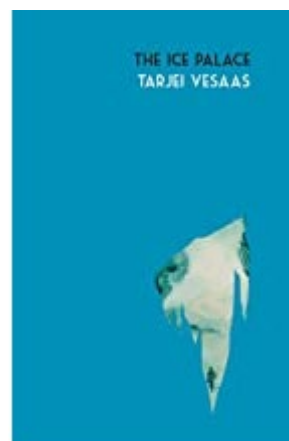
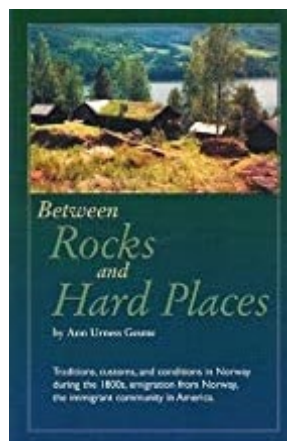
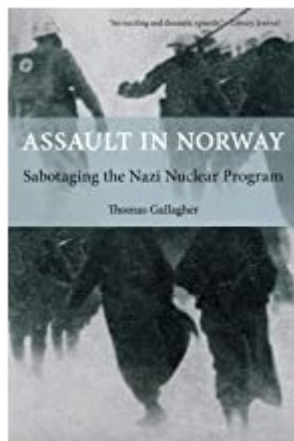


June 2022 Book Club Selection – Special Author/Editor Presentation

Main Read: **From Day to Day: One Man's Diary of Survival in Nazi Concentration Camps**

The Editor, Timothy Boyce, will give a presentation and lead a discussion of his book at the monthly Book Club Zoom meeting.

Zoom Meeting/Discussion Date: June 30



To join the Sons of Norway Book Club, send an email to:
SonsofNorwayBookClub@gmail.com

Tina's Crispy Pork Roast with Red Cabbage & Coarse-Grain Mustard

Recipe from Tina Nordstrom's Weekend Cooking:
Old & New Recipes for Your Fridays, Saturdays, and Sundays
Contributed by Michelle Evjen



1. Preheat the oven to 350°F.
2. Cut a few slits through the pork's rind lengthwise to make a pattern. Rub the rind with salt, making sure it enters into all the slits thoroughly. Then cut small pockets into the meat and insert the prunes and garlic slivers. Finish by seasoning the roast all over with black pepper.
3. Cover the bottom of a small roasting pan with water and place the roast rind-side down in the water. Insert a meat thermometer into the roast and bake it on the middle rack of the oven for 15 minutes.
4. Remove the roast from the oven and place it, rind-side up, on a rack in a baking pan. Continue baking the roast until the thermometer reads 340°F. You can increase the oven's temperature to 480°F, and also use the broiling setting for the last 5 minutes to make the rind extra crispy, but be careful it doesn't burn!
5. Julienne the cabbage with a kitchen mandolin and place the strips in a large colander. Salt the cabbage, turning it over a few times and then letting it sit for 10 to 15 minutes. Wring out the liquid from the cabbage. Dice the pork belly or bacon.
6. In a saucepan, bring the water, vinegar, and wine together with the onion, apple, and spices to a boil. Add in the cabbage and lace a lid on the pan. Bring back to a boil, and then lower the heat and let simmer for 30 to 35 minutes. Season with more salt and pepper if needed. Take care not to overcook- the cabbage should be slightly al dente.
7. Slice the meat and place it attractively on a platter together with the red cabbage. Serve with boiled potatoes, coarse-grained mustard, bread, and a nice beer. A good choice would be a Swedish or Danish craft beer with acidity, fruit, and slightly bitter finish. Or a spicy American Pilsner beer.

Lofoten Islands: The Complete Guide to Norway's Northern Paradise

By David Nickel

<https://www.lifeinnorway.net/lofoten-islands/>

With dramatic, imposing beauty everywhere you look, Norway's Lofoten islands are like nowhere else on earth. Here's everything you need to know about this paradise of the north.

Located far north of the Arctic Circle, Lofoten is a place where mother nature reminds you who's in charge. The granite mountains hide many surprises.

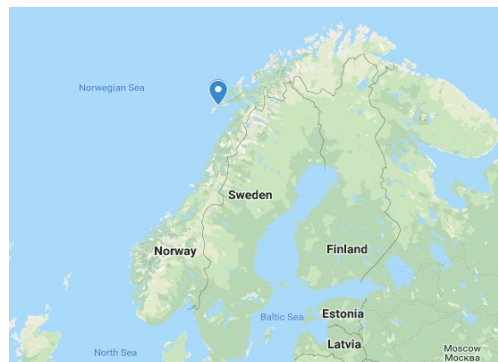
From idyllic fishing villages to remarkable beaches that seem so out of place in Arctic Norway, [the Norwegian islands](#) of Lofoten have it all.

Where are the Lofoten Islands?

The Lofoten islands are easy to spot on a map. The islands stick out from one of the narrowest sections of Norway far into the frigid Norwegian Sea. The biggest settlement, Svolvær, lies at 68°14' latitude. That's as far north as the Coronation Gulf in Nunavut, Canada.

The islands are connected by bridges and the E10 road that runs the length of the archipelago. The main islands are Austvågøy, Vestvågøy, Flakstadøy and Moskenesøy. Værøy and Røst are sometimes included in a wider definition of Lofoten as a district, although they are many miles away from the main archipelago.

Read more [here](#).



The “Life in Norway Show” Podcast

<https://www.lifeinnorway.net/podcast/>

The **Life in Norway Show**, hosted by **David Nickel**, dives into all things about Norwegian lifestyle from an international perspective.

“Welcome everyone to the Life in Norway Show. I'm your host David Nickel. Every few weeks we are going to take a deep dive into Norwegian society, culture and lifestyle. Most episodes I'm joined by someone for an in-depth chat. This could be a fellow foreigner giving their perspective on expat life, or a Norwegian expert in an interesting area.”

Subscribe here:



A Few Top Podcast Episodes

You can browse through all the previous episodes in our **podcast archive**. If you want to catch up on some of the best content first, here's our recommendations:

MOVING TO NORWAY

#43: Life in Bergen: Tour guide Emma Vestrheim joins the podcast to chat about moving from Australia to Norway, the experience of living in Bergen, and working as a tour guide in Norway. [Listen now](#).

#37: Moving from Portugal to Norway: What's it like to leave the sunshine of Portugal for the mild summers and chilly winters of Oslo? [Listen now](#).

NORWEGIAN LIFESTYLE

#49: Norwegian folk music: Norwegian violinist Eldbjørg Hemsing joins the podcast to discuss folk music in Norway. [Listen now](#).

#38: Viking Ship Archaeology: An interview with Knut Paasche from the Norwegian Institute for Cultural Heritage Research, all about finding Viking ships in Norway. [Listen now](#).

#25: Growing Food on Svalbard: American chef Ben Vidmar is so passionate about food that he's trying to grow his own in the world's northernmost community. [Listen now](#).

#14: True Crime in Norway: A chat with NRK's Marit Higrav from the hit BBC/NRK true crime podcast Death in Ice Valley. [Listen now](#).

Edvard Munch's The Scream Times Three, Andy Warhol, a Library that Serves Cocktails... Forget the Fjords, Oslo in Norway Plays the Cultural Tourism Card

<https://bit.ly/3c9JmJE>



Norwegian landscapes are sublime. Mirror-like fjords, romantic mountains, and craggy coastlines - all watched over by the shimmering dance of the Northern Lights - draw adventurous tourists and filmmakers alike, including those behind recent blockbuster *Dune* and the latest James Bond movie *No Time to Die*.

But what about tourists who prefer a more urban experience? Is it the country for them?

Norway is not in the top 50 tourist-drawing nations, ranking below Bulgaria and Belgium, and while it does have beautiful towns – Ålesund's art nouveau islands, Bergen and its UNESCO-protected Hanseatic wharf and the moated fortress of Fredrikstad, to name three - the capital, Oslo, doesn't stand out as a prime city destination.

Perhaps that is in part due to the high cost of food and drink compared with elsewhere in Europe, but it is also because, for many travelers, there is no singularly identifiable Oslo thing, like Paris' romance, London's urbanity or Amsterdam's canals.

However, Oslo is forging a new identity, led by culture and the contemporary architecture along the city's fjord-facing edge, creating a walkable waterfront with a range of museums, galleries and cultural moments.

Read more [here](#).

From the District 3 President, Kathy Dollymore



This is a busy time with Lodge nominations and elections. For those who accepted a position a BIG THANK YOU!! Lodge members, please, support the officers, whether a returning officer or new officers, as they take on the challenge of leadership. Some will bring refreshing new ideas; some will have a learning experience and some will be comfortable in their continuing space. Remember change can be refreshing in while remembering the significance of our longstanding traditions and ceremonies. In the meantime, this is your Lodge, your Sons of Norway. If we want our lodges to continue to grow, we must recognize what our members expect from our lodges. So, let's speak up and let's also listen. And.... By staying focused on the future of our lodges the more the road ahead will start to appear brighter and less hazy.

Besides the end of Daylight Savings, Veteran's Day, Thanksgiving, **Hanukkah, and First day of Advent we have World Kindness Day. I feel that this day is representative of who we are as Sons of Norway members.** The purpose of World Kindness Day as outlined by the World Kindness Movement is "to highlight good deeds in the community focusing on the positive power and the common thread of kindness which binds us." Now, doesn't that sound like us.

November is a beautiful time of year here in the Northeast. Colors I have no names for. Some of our lodges are still having nice enough Autumn weather to pick a day and get out and breath some fresh Fall air and see the changing of the leaves, see the geese flying south, maybe group with some other lodge members for a ramble. Don't forget to use the walk for your sports medal.

Lodges are meeting, we're coming out and members are enjoying seeing each other. I was honored to be asked to speak in Brooklyn for the Faerder and Brooklyn Lodges memorial. Beautiful people and so gracious. I was pleased to attend the anniversary for Noreg Lodge on such a lovely day at a wonderful venue with a delightful group, and then there have been phone conferences with other lodges. Sons of Norway is busy doing business.

A big November holiday is Thanksgiving. It is a time when many families travel long distances to celebrate together. If you must travel, be informed of the risks involved and stay safe. Even with all the challenges we are up against, we will find a way to celebrate and give Thanks in a way that celebrates our families, SON communities, country, and all we have to be thankful for.

Fraternally, Kathy



Find out more about Sons of Norway!

Sons of Norway Website
Facebook
Twitter
LinkedIn

<https://www.sofn.com/>
<http://www.facebook.com/groups/SonsofNorway/>
<http://twitter.com/#!/SonsofNorway>
<http://www.linkedin.com/company/2080826>

... and here are some informative Genealogy Websites!

A comprehensive list of sites related to Norwegian-American genealogy.
<http://homepages.rootsweb.ancestry.com/~norway/>

Oldest church registers in Norwegian Parishes. Shows the year in which different parishes began keeping church records.
<http://www.nndata.no/home/jborgos/register.htm>

<http://www.cyndislist.com/norway/>

List of sites related to Norwegian-American genealogy

The National Library of Norway, including Norwegian newspapers / <http://www.nb.no>

The Norwegian Emigration and Genealogy Center / <http://www.emigrationcenter.com/index.cfm>

Norwegian National Archive. Includes the 1660, 1801, 1865 and 1900 censuses /
<http://digitalarkivet.uib.no/cgi-win/WebFront.exe?slag=vis&tekst=meldingar&spraak=e>

Search amongst 16,000 documents from Norway during the period 1050 – 1590 /
http://www.dokpro.uio.no/dipl_norv/diplom_field_eng.html

And here are some interesting sites related to travel to Norway / Scandinavia –

Norway's Official Site www.Norway.org

Royal Norwegian Embassy, Washington D.C. <http://www.norway.org/embassy/washington/>

Royal Norwegian Consulate General New York http://www.norway.org/News_and_events/CG-New-York/

Norway's Travel Requirements <https://travel.state.gov/content/passports/en/country/norway.html>

Hurtigruten Voyages <http://www.hurtigruten.us>

Viking River Cruises <http://www.vikingrivercruises.com>

Norwegian American Genealogical Center
& Naseth Library <http://www.nagcni.org>

Vesterheim Museum <http://vesterheim.org/index.php>

