



North Carolina Vikings



October 2019

Sons of Norway / Vol. 12, No. 5 / NC Vikings Lodge 3-675

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President's Message

Hale North Carolina Vikings Crew,

Welcome back from your summer voyages on land, sea, and air throughout the world. We would like to hear your tales of 20th century civilized "Going-a-Viking!"

As autumn is here, the chill in the air reminds us of the new year, and opportunities for discovering more about our Norse heritage. Our October meeting will feature a documentary on the 125th anniversary of The Sons of Norway. I was amazed at the history of SONS and how progressive it has been through the decades by implementing changes while keeping the core values of 125 years ago. I am sure our SONS crew – all ages – will continue to enjoy voyages throughout the USA, Canada, and Norway.

We will briefly discuss some progressive and innovative ideas as to the future of our lodge in the October meeting. A very new important officer's role we will need to fill as soon as possible is that of Webmaster. Details will follow, but the candidate should be very computer-literate and comfortable posting to and keeping up with social media sites such as Facebook, Instagram and/or Twitter.

We will not have a meeting in November since our regular gathering on the 4th Saturday of the month is too close to Thanksgiving. However, we will be having our annual fun-filled Jultrefest on Saturday, December 15 at Good Shepherd Lutheran Church.

Looking forward to crewing with you on our journeys throughout 2019 and 2020!

Tusen Takk!

Med Vennlig Hilsen,
Frank Bell, President
North Carolina Vikings Lodge 3-675



Upcoming Vikings Lodge Programs and Lodge Meetings

Meetings will be held Underwood Hall at Good Shepherd Lutheran Church (7000 Creedmoor Road, Raleigh, NC 27613) unless noted otherwise.

Future Lodge meetings are as follows. Please mark your calendars!

October 26, 2019

Lodge Meeting
Video on history of Sons of Norway
3pm – 5pm

December 14, 2019

Lodge Meeting & Jultrefest
3pm – 5pm

October/November Birthdays

Erika Turvaville	October 8	Michael Cruise	November 15
Karen Kvam	November 4	John Myhre	November 23
Diane Mickelson	November 12	Judy Vanhoosier	November 25

Help Plan a Meeting

Can you invite a professional or line up an expert or even fun person to help us with cultural programs at our lodge meetings? Call Frank Bell or Mike Tilder to pick a month or activity you can line up for the lodge!

Items for the Newsletter

Don't forget – if you've got an announcement, would like to pass on some information or just something interesting to share with the group, please email Mike Tilder at mmtilder75@ATT.net or Frank Bell at bellfrank2@gmail.com.

New Officer Title: Webmaster

Interested in helping to maintain the North Carolina Vikings' website? Lending a hand with the lodge's social media accounts? Sons of Norway has added a brand-new lodge officer position to the roster for 2020: Webmaster. You'll serve as a pivotal member of the NC Vikings' team of officers, keeping the lodge's presence up to date and visible, interesting and engaging on Facebook, Instagram and/or Twitter pages.

Questions about this exciting new role? – please reach out to Frank Bell, lodge President or Membership Services at 612-824-4643 / fraternal@sofn.com.

Halloween in Norway

<https://www.lifeinnorway.net/halloween-in-norway/>

American traditions around Halloween have become more popular in Norway in recent years. From trick-or-treating kids to pumpkin-spiced lattes, Halloween is now a part of modern Norwegian culture.

How do Norwegians celebrate Halloween today?

It took a long time to take hold, but America's love of Halloween has finally made it to Norway – sort of. Thanks in part to TV series and movies, the trend of celebrating Halloween began in Norway around twenty years ago, but it has only really taken off in the last five or ten years. Throughout October, stores stock up on anything ghostly and ghoulish, anything orange and black and especially items shaped like a pumpkin, and of course, bags of candy.

Yet despite the odd special display made by toy shops, decorations do remain low-key. This is a philosophy you'll also find in residential areas. While in America many families spend incredible amounts of time decorating their homes for the occasion, the most a Norwegian household may do is put out a carved pumpkin and a candle in the window. If they really push the boat out, perhaps there'll be a toy bat or two hanging in the doorway!

One of the concepts that has taken a hold is trick-or-treating, but with a Norwegian flavor. Children are generally accompanied by their parents and it is a very friendly neighborhood experience. Depending on where in Norway you are, you're likely to hear “knask eller knep” or “digg eller deng”. Another popular activity for older generations is to hold a house party, often with a fancy dress theme. This normally takes place on the weekend before Halloween rather than the evening itself, so it's not uncommon to see buses filled with made-up party-goers on the Friday or Saturday evening.

Haunted Places in Norway

Halloween is a popular time to check out some of the most haunted places in Norway, including:

Nidaros Cathedral in Trondheim is said to be haunted by a ghostly monk, regularly spotted since the 1920s, while others have claimed to hear chanting or organ playing late at night.

Akershus Fortress in Oslo remains a military site, and some Norwegian soldiers have reported being pushed while alone. The grounds are patrolled by a 'demon dog' that was buried alive centuries ago.

Nes church: Cars parked near the ruins of this former church regularly experience problems with locks and lights. Many people claim to have felt a resistance while walking, as if they were walking through water.



From Old Norse to Modern English

Story from Sons of Norway Newsletter Service, 2019

Scandinavia's influence is visible in many ways throughout our Sons of Norway communities, from our sometimes-controversial culinary traditions to our hearty work ethic and mischievous sense of humor. But even in parts of North America without strong ties to Norwegian heritage, there is still one area where the Norse influence has made its way to the mainstream: the English language. Historically speaking, languages like Latin, French and German get most of the credit for providing the origins of modern English—but Old Norse played an important role too, and it can still be seen today. The following are just a few of the many words inherited from the Vikings that we use every day:

axle – *from öxull* (axis)

blunder – *from blundrai* (to stumble blindly)

glitter – *from glitra* (to glitter)

happy – *from happ* (good fortune / fate / chance)

odd – *from oddi* (third number / casting vote)

stammer – *from stemma* (to hinder / dam up)

Thursday – *from Þorsdagr* (Thor's day)

window – *from vindauga* ("wind eye")

bug – *from búkr* (insect within tree trunks)

bylaw – *from bylög* (village law)

haggle – *from haggan* (to chop)

likely – *from líkligr* (likely)

rotten – *from rotinn* (decayed)

thrift – *from þrift* (prosperity)

ugly – *from uggligr* (repulsive)

Norway's Bodø Named A European Capital Of Culture For 2024

<https://www.forbes.com/sites/davidnikel/2019/09/25/bod-norways-european-capital-of-culture-for-2024/#8ad84a03caa7>



For only the third time, a Norwegian city will be crowned as a European Capital of Culture. The city chosen to follow Bergen (2000) and Stavanger (2008) may surprise some, for its not the capital Oslo or one of the other bigger cities like Trondheim. It is Bodø that takes the crown for 2024. What's more, the city did it without any government support.

"We are incredibly happy today. 2024 will be an unforgettable year," Bodø's Mayor Ida Pinnerød told NRK.

Many international travelers know Bodø as one of the longer stops on the Hurtigruten coastal voyage or as a pitstop on the way to the Lofoten islands. Yet there's plenty to see and do in this northern city that functions as a regional capital of Nordland county....

Read more: <https://www.forbes.com/sites/davidnikel/2019/09/25/bod-norways-european-capital-of-culture-for-2024/#8ad84a03caa7>

Norwegian Country Artist Malin Pettersen Brings American Music's roots Full Circle

<https://www.wideopencountry.com/malin-pettersen-interview/>



Ever since the May 2018 release of her debut solo album *References Pt. 1*, Malin Pettersen has earned accolades and landed festival gigs in her home country of Norway. In fact, the longtime **Lucky Lips** member won the equivalent of a Norwegian Grammy, a Spellemannpris, for her contributions to a bustling scene of homegrown singer-songwriters.

The last 17 months of Pettersen's life also included three trips to Nashville: she made her AmericanaFest debut in September 2018, returned five months later to record new material with local musicians and wrapped up her sophomore album there last month. Making seemingly instant connections in such a competitive environment may trump anything comparable to a Grammy win.

As Pettersen tells it, a lifetime of exposure to great music prepared her for recent tastes of cross-Atlantic success.

"I kind of have as much of a traditional country story as you can have in a country that's not America," she says. "I also grew up with country music with my dad being a country musician. Bluegrass and country and old-time music has always been a part of my life.

"My mom used to listen to jazz and stuff like that, so I felt a connection to America from a very early age," she adds. "When I was younger, I would even dream in English and my thoughts would be in English even though my native language is Norwegian."

Conversation with Pettersen often centers on America. After all, she leads a honky-tonk band at home and cites George Jones, Iris DeMent and Lucinda Williams as musical influences. However, she's quick to point out that elements of her favorite music actually come from her side of the globe....

Read more here - <https://www.wideopencountry.com/malin-pettersen-interview/>

Traditional Grouse

Recipe from Sons of Norway Newsletter Service, 2019

Ingredients

4 pieces whole plucked grouse	1-1/2 cup heavy cream
0.44 lbs. mushrooms (feel free to mix some)	1/3 cup olive oil
1 bunch asparagus	0.22 lbs. unsalted butter
5 stems parsley	2 tbsp brown sugar
3 carrots	3 tbsp tarragon vinegar
4 shallots	1 tuft fresh thyme
2 cloves garlic	cornmeal
	salt and fresh ground white pepper

Recipe

Step 1

Warm up an iron pot, put in some olive oil and garlic. Brown the grouse on all sides in the oil.

Step 2

Peel and dice the shallots and put them in the pot. Let the shallots get golden together with the grouse. Put the cream in and let the pot simmer with a lid for about an hour.

Step 3

While you are waiting for the grouse to finish, clean, peel and cut the vegetables in the size you want.

Step 4

Fry the mushrooms with olive oil and salt and pepper (to taste). Steam all other vegetables in well-salted water and cool them off in cold water when done.

Step 5

Brown the sugar in a pot and boil it with vinegar and some water.

Step 6

When the grouse are done, take them out of the pot. Strain the sauce from the grouse into the pot holding the vinegar and sugar. Stir some pieces of unsalted butter into the sauce and add salt and freshly ground white pepper (to taste).

Step 7

Put the grouse back into the sauce and let them warm up while you heat the vegetables and mushrooms in the other pot. Serve on a platter with boiled potatoes.



Message from the District 3 President, Kathy Dollymore



October takes us back to the immigration of our forefathers. Since 1964, when Congress unanimously authorized and requested the President to create the observance of Leif Erikson Day through an annual proclamation, October 9 was chosen because the ship Restauration arrived in New York Harbor on October 9, 1825, beginning a wave of immigration from Norway to America.

In July of that year, a group of six dissenting families, seeking a haven from the official Norwegian state church, set sail from Stavanger in an undersized sloop, the Restaurationen. When it arrived in New York harbor after an arduous 14- week journey, the Restaurationen caused a sensation, and the local press marveled at the bravery of these Norwegian pilgrims. Local Quakers helped the destitute emigrants, who eventually established a community in upstate New York. Today, their descendants are still known as "sloopers".

As Eva Britt Kornfeldt of the Oslo Visitors and Convention Bureau said: "Swedes, they do as they are told. Norwegians? We are a stubborn, self- reliant, impulsive, inventive and independent people. But above all, we're curious." Norwegians have always been brave explorers. From the early Vikings, then onto the first to cross Greenland by land, a Norwegian was first to the South Pole, the voyage of the Kon-Tiki, and then history's longest solo and un-resupplied ski journey, 3,000 miles across the South Pole region. Explorers! So many of us have heard the stories of our own family's emigration. Make sure to write these stories down for future generations, who can be proud of their heritage.

Everything the Sons of Norway Foundation accomplishes is the result of the support of our donors: the people who contribute time, talent and resources to further our mission in member communities. Every contribution matters and you can be sure that we're using your donations responsibly and effectively. Our 3D Foundation Director, Dirk Hansen, has information on how the Foundation can work for YOUR lodge. hansenoaks@lowcountry.com

In closing, remember, this is your Lodge, your Sons of Norway. We need members to come to the Lodge and assist in carrying out the business. All your officers ask is to give the Lodge at least one night a month. We also need your support in finding new members. Why not ask a friend to join in on all the good things we have in our lodge to share?

Fraternally,
Kathy Dollymore
3D President

Find out more about Sons of Norway!

Sons of Norway Website	https://www.sofn.com/
Facebook	http://www.facebook.com/groups/SonsofNorway/
Twitter	http://twitter.com/#!/SonsofNorway
LinkedIn	http://www.linkedin.com/company/2080826

... and here are some informative Genealogy Websites!

A comprehensive list of sites related to Norwegian-American genealogy.
<http://homepages.rootsweb.ancestry.com/~norway/>

Oldest church registers in Norwegian Parishes. Shows the year in which different parishes began keeping church records.
<http://www.nndata.no/home/jborgos/register.htm>

<http://www.cyndislist.com/norway/>

List of sites related to Norwegian-American genealogy

The National Library of Norway, including Norwegian newspapers / <http://www.nb.no>

The Norwegian Emigration and Genealogy Center / <http://www.emigrationcenter.com/index.cfm>

Norwegian National Archive. Includes the 1660, 1801, 1865 and 1900 censuses /
<http://digitalarkivet.uib.no/cgi-win/WebFront.exe?slag=vis&tekst=meldingar&spraak=e>

Search amongst 16,000 documents from Norway during the period 1050 – 1590 /
http://www.dokpro.uio.no/dipl_norv/diplom_field_eng.html

And here are some interesting sites related to travel to Norway / Scandinavia –

Norway's Official Site	www.Norway.org
Royal Norwegian Embassy, Washington D.C.	http://www.norway.org/embassy/washington/
Royal Norwegian Consulate General New York	http://www.norway.org/News_and_events/CG-New-York/
Norway's Travel Requirements	https://travel.state.gov/content/passports/en/country/norway.html
Hurtigruten Voyages	http://www.hurtigruten.us
Viking River Cruises	http://www.vikingrivercruises.com
Norwegian American Genealogical Center & Naseth Library	http://www.nagcni.org
Vesterheim Museum: "A Norwegian American Treasure"	http://vesterheim.org/index.php

