



North Carolina Vikings



September 2019

Sons of Norway / Vol. 12, No. 4 / NC Vikings Lodge 3-675

Lodge Officers 2018-2019

President

Frank Bell
bellfrank2@gmail.com
(919) 787-7063

Counselor

Michael Tilder
mmtilder75@ATT.net
(919) 349-0102

Treasurer

Kjell Ottesen
imnorsk@hotmail.com
(919) 848-9152

Secretary

John (Chris) Christiansen
jocmpc@att.net
(919) 676-3370

Co-Social Directors

Kari Crenshaw
karicren@yahoo.com
(919) 781-0302

Martha Arnum
MandMArnum@aol.com
(919) 326-7084

Membership Secretary

Open

Newsletter Editor

Jennifer Axness
jenniferlaxness@gmail.com
(919) 802-8212

President's Message

VELKOMMEM Members and Friends,

I am writing this as I am watching the news of the progress of massive Hurricane Dorian. As with most events that Mother Nature (THE NATURE for Norwegians) controls, she continues to mystify us mortals with what her next moves are. We are guessing that Hurricane Dorian will go up the coast of Florida and eventually exit into the Atlantic past coastal North Carolina.

Hurricane Dorian is particularly relevant to the recent history of our NC Vikings Lodge. Our 3-675 lodge has increased in membership over 42% from June 2018 to June 2019 and new members are joining. Our membership over the past years has mainly been oriented in an approximate 60-mile radius of Raleigh. NOW our new members live anywhere from Burlington NC to the Atlantic Seaboard, and from the NC/VA border to the NC/SC line.

VELKOMMEN to our new Vikes and to our loyal members of many years.

We want to make sure that we are able to meet your NC Carolina needs in this expanded long boat geographic area.

EACH of you has a reason to join and participate in SONS. We would like to hear YOUR story of SONS. We will look into how you can tell your story to us despite this large geographic NC area at another time.

Our schedule of 3-675 Lodge meetings is below. The September, October, and December meetings (Note: there will be NO November gathering) will be at our normal Good Shepherd Lutheran Church on Creedmoor Road/US 50 in Raleigh. Meetings after December of 2019 will be determined later, and some will not be at Good Shepherd.

Our Saturday SEPTEMBER 28th port of call at Good Shepherd will be our annual "Potluck" food fest of Norwegian recipes (when possible) by our crew. Please bring your favorite Norwegian goodies! More details below. I wish you all safe sailing until we meet later this month for our FESTBORD (Feast Table) in Safe Harbor at Good Shepherd Church.

Tusen Takk!

Med Vennlig Hilsen,
Frank Bell, President
North Carolina Vikings Lodge 3-675

Upcoming Vikings Lodge Programs and Lodge Meetings

Meetings will be held Underwood Hall at Good Shepherd Lutheran Church (7000 Creedmoor Road, Raleigh, NC 27613) unless noted otherwise.

Future Lodge meetings are as follows. Please mark your calendars!

September 28, 2019	Lodge Meeting Potluck Dinner 3pm – 5pm
October 26, 2019	Lodge Meeting Video on history of Sons of Norway 3pm – 5pm
December 14, 2019	Lodge Meeting & Jultrefest 3pm – 5pm

***September 28 Meeting:**

Please join us for the lodge meeting on Saturday, September 28th at 3pm in the Underwood North room at the Good Shepherd Lutheran Church, 7000 Creedmoor Road in Raleigh.

Potluck dinner food assignments are as follows, depending on the first letter of your last name:

- A-I Main Dish
- J-R Side dish or dessert
- S-Z Appetizer

Please let Kari Crenshaw (919) 812-3326 (karcicren@yahoo.com) or Martha Arnum (919) 326-7084 (MandMArnum@aol.com) know by Wednesday, September 14th if you will be attending along with the number of people in your party.

September Birthdays

Doug Blankenship	September 11
Erik Askeland	September 19
Jan Carlson	September 30

Help Plan a Meeting

Can you invite a professional or line up an expert or even fun person to help us with cultural programs at our lodge meetings? Call Frank Bell or Mike Tilder to pick a month or activity you can line up for the lodge!

Items for the Newsletter

Don't forget – if you've got an announcement, would like to pass on some information or just something interesting to share with the group, please email Mike Tilder at mmtilder75@ATT.net or Frank Bell at bellfrank2@gmail.com.

How to Earn Your Very Own Recruiter Pin!

Summer is drawing to an end. With picnics and potlucks ahead for many of us, it's a good time to think of those you'll be seeing. Would any of these folks enjoy getting to know Sons of Norway?

For example:

- Your cousin Nikki. She's talked about researching family history for years. But she isn't sure where to start.
- Your co-worker Mike, raves about the Norwegian cookies or treats you bring to work potlucks. Mike is always asking for recipes. Would he like to try his hand at lefse making?
- Mark and Gina next door. They love to give back with community projects—like park clean up or food shelf collection. Maybe they (and their 2 kids) would like to get involved in lodge volunteer projects and programs?

Look around. Who may want to deepen their connection to heritage, make new friends in the community, or learn a folk art through Sons of Norway?



Simply inviting someone to join in our fun activities may make a positive difference in their day. For nearly 125 years our organization has been about making a caring difference for our members and communities. ***Let's keep going for another 125 years!***

When you recruit 1 or more new members, you'll be recognized with a colorful, limited-edition, 2019 Recruiter Pin. Show your support of our growing Sons of Norway family and wear it with pride!

New Family Membership Option

As a reminder, Sons of Norway has introduced a new Family Rate for membership! The membership includes two or more members who live together at the same address or who share a mailing address. For instance, a husband, wife, grandmother, 17-year old living at home and 21-year-old away at college (who still uses the home address) are all covered by a Family Membership! Family members do not need to be related. Please contact Sherry Gorse, Membership Services at fraternal@sofn.com or 612.821.4654 with any questions!

Norwegian-Sami Music Group on the Rise

https://www.sofn.com/blog/norwegian-sami-music-group-on-the-rise/?utm_source=Sons+of+Norway&utm_campaign=7f06444fdf-EPOST_2019_05&utm_medium=email&utm_term=0_c5ffaf3d10-7f06444fdf-58046651



In the International Year of Indigenous Languages, Sami-influenced music group KEiiNO has been selected to represent Norway at the 2019 Eurovision Song Contest this month. The group, consisting of Sami songwriter and rapper Fred Buljo and Norwegian singers Alexandra Rotan and Tom Hugo, advanced to the international competition after winning the Norwegian Melodi Grand Prix competition earlier this year. Their powerful debut single “Spirit in the Sky” was inspired by the struggles for equal rights regardless of ethnicity, gender or sexuality. The song is recorded in part English and part Sami and mixes pop, Nordic-folk and joik—the traditional form of song in Sami.

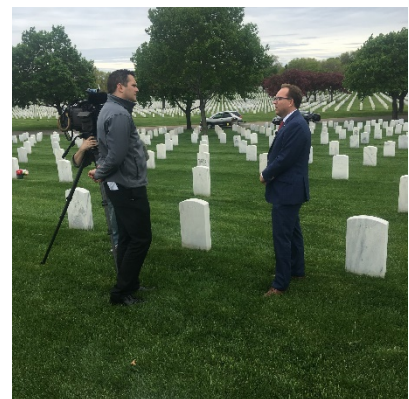
Given the Sami’s historical struggle in pursuit of equal rights, along with the United Nations’ current efforts in promoting awareness of the risks that confront indigenous languages, KEiiNO’s success couldn’t have come at a better time.

CEO Eivind Heiberg Supports “Viking” WWII Memorial

<https://www.sofn.com/blog/ceo-eivind-heiberg-supports-viking-wwii-memorial/>

Sons of Norway CEO Eivind Heiberg, acting in his dual capacity as Honorary Consulate General for the Kingdom of Norway, made an appearance at Fort Snelling on May 21, 2019, in support of an effort to memorialize the 99th Infantry Battalion, an elite unit of Norwegian-speaking soldiers who fought for the U.S. Army in World War II.

Nicknamed “The Viking Battalion,” 99th Infantry Battalion (Separate) consisted of 1,001 original members, roughly half of whom were Minnesotans—and all of whom were of Norwegian descent. Along with Norwegian ancestry and language skills, skiing abilities were required for inclusion in the special unit, which was tasked with infiltrating occupied Norway to execute sabotage missions and weaken German hold.



The 99th Infantry was activated at Fort Ripley, Minnesota, in 1942, and many members later trained at Fort Snelling. To date, 76 members of the 99th Infantry have been buried at Fort Snelling National Cemetery.

Southern Star Lodge Celebrates its 25th Anniversary

Please consider attending the Southern Star Lodge's 25th Anniversary celebrations on Saturday, October 19th in Conway, SC.

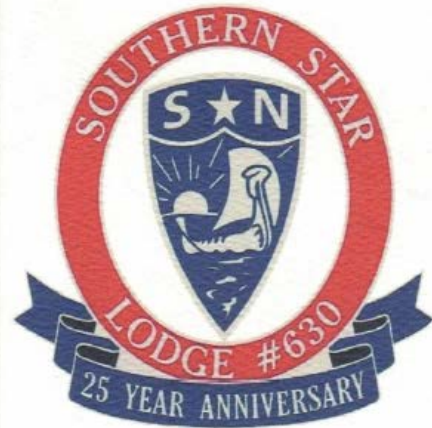
If you have any questions about the event, please email hansenoaks@lowcountry.com.

AS SOUTHERN STAR LODGE CELEBRATES IT'S 25TH ANNIVERSARY.

*
SATURDAY THE
19TH OF OCTOBER, 2019
1:30—5:00 PM

*
LAKESIDE CROSSING CLUBHOUSE.
144 LAKESIDE CROSSING DR.
CONWAY, SC 29526

*
DINNER
ENTERTAINMENT
RAFFLES

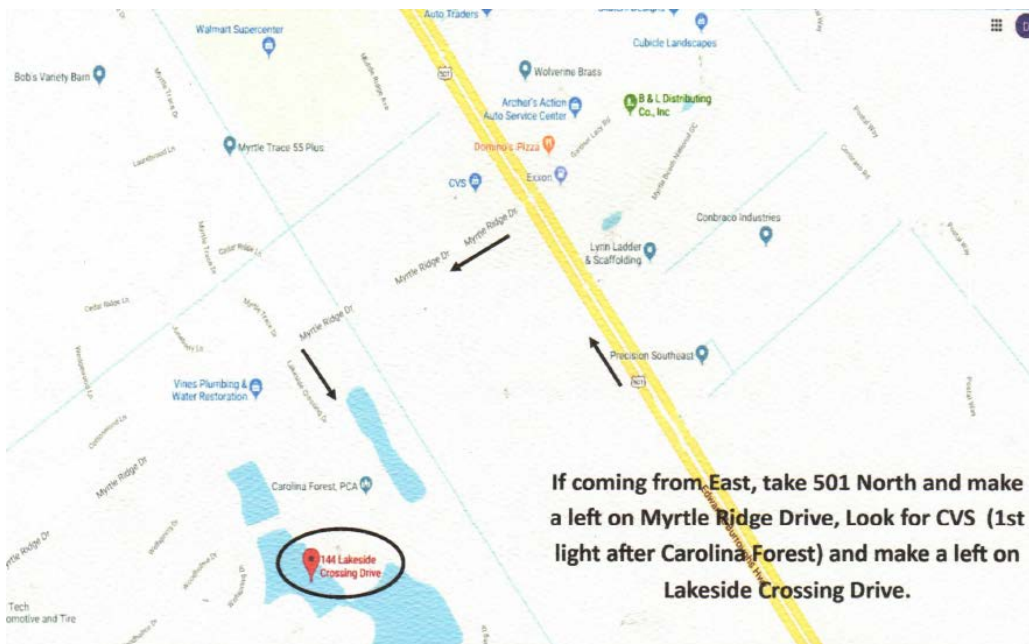


\$55.00 PER PERSON

Casual attire

Please RSVP

no later than 9-21-2019



If coming from East, take 501 North and make a left on Myrtle Ridge Drive, Look for CVS (1st light after Carolina Forest) and make a left on Lakeside Crossing Drive.

Did You Know? 15 Facts About Norwegian Royalty

https://www.sofn.com/blog/did-you-know-15-facts-about-the-norwegian-royalty/?utm_source=Sons+of+Norway&utm_campaign=564570fbd9-&utm_medium=email&utm_term=0_c5ffaf3d10-564570fbd9-58046651

Throughout Norway's history, the royal family has played a significant role in shaping the country. Think you know everything about the Norwegian royalty? Here are 15 facts about the monarchy that might surprise you.

1. Queen Sonja hosts a musical competition to showcase new talent every year.
2. Norway has been ruled by a monarch since 872 — however, for most of its existence, Norway has been united with other countries and has been ruled by the monarchs of those countries. In 1905, Norway and Sweden dissolved and Norway chose its own monarch: King Haakon VII.
3. The Royal Coat of Arms portrays a golden lion holding a silver axe on a red background.



4. The Royal Family's last name is Schleswig-Holstein-Sonderburg-Glücksburg.
5. Queen Elizabeth II and King Harald are both great-grandchildren of King Edward VII of the United Kingdom.
6. Crown Princess Mette-Marit of Norway will be publishing a book this September.
7. Queen Sonja and King Harald V met at a party in June 1959.
8. Her Royal Highness Princess Märtha Louise's Fund was started in 1972 and awards funds to provide assistance to disabled children in Norway.
9. In 1905, 79% of Norwegians voted in favor of Norway retaining a monarchy.
10. The official name of the bodyguards for the Royal Family is The Norwegian Royalty Protection Unit.
11. Four different flags are flown over the Royal Palace: The Royal Standard, The Standard of the Crown Prince, The State Flag and The National Flag.
12. In 1991, Queen Sonja became Norway's first Queen in 53 years.
13. King Harald opened the former royal stables to the public as a gift to his wife. The Queen Sonja Art Stable is the first royal establishment now permanently open to the public.
14. The royal family celebrates Christmas at The Royal Lodge in Holmenkollen in Oslo.
15. Princess Ingrid Alexandra lit the Olympic flame at the Youth Olympics in Lillehammer.



'Dods' or Alive: Defying Gravity in Norway's "Death Diving"

<https://sports.yahoo.com/dods-alive-defying-gravity-norways-death-diving-021017231.html>



Oslo (AFP) - They throw themselves into the air, twisting their bodies and seemingly making time stand still before landing with a splash: originally a pastime to impress girls, Norway's sport of "death diving" now attracts dozens of daredevils.

Around 40 divers converged in the capital, Oslo, in mid-August for the annual world championship of the sport, officially known by its Norwegian name of "dods," meaning death.

Some svelte and muscular, others paunchy and tattooed, nearly all the competitors are Norwegian, apart from a few from Sweden, Spain, Denmark and Finland.

At first glance, it might look like just another belly flop competition.

But death diving requires an element of skill.

Jumping off a 10-metre (33-foot) tower, competitors perform a stunt, holding the pose for as long as they can until it looks like they're about to do a massive belly flop, before tucking their body into a tight curl at the last second as they are about to hit the water.

At Oslo's Frognerbadet municipal pool, the divers vying for the world title warm up with stretches, push-ups and headstands to prepare their bodies for the grueling challenge to come....

(Read more)

Open-Faced Sandwiches

https://www.sofn.com/norwegian_culture/recipe_box/sandwiches/open_faced_sandwiches/?utm_source=Sons+of+Norway&utm_campaign=7f06444fdf-EPOST_2019_05&utm_medium=email&utm_term=0_c5ffaf3d10-7f06444fdf-58046651

Suggestions for Sandwich types

1. Smoked salmon slices on a slice of white bread, with scrambled egg or hard-cooked egg wedges and dill.
2. Shelled shrimp or crabmeat on toast, with mayonnaise and lemon.
3. Sardines in tomato sauce on whole wheat bread, with hard-cooked egg slices and fresh dill.
4. Anchovy fillets on whole wheat bread with raw egg yolk placed in an onion ring, sprinkled with chopped chives.
5. Roast reindeer meat on whole wheat bread with poached apple wedges and lingonberry preserves.
6. Sautéed minute steak on whole wheat bread with leek rings, tomato and parsley.
7. Cured ham on whole wheat bread with scrambled eggs.
8. Headcheese on whole wheat bread with pickled beets and pickled cucumbers.
9. Gamalost on whole wheat bread with butter and parsley.
10. Ship's plank with shrimp, eggs, cheese and boiled ham.



Message from the District 3 President, Kathy Dollymore



Happy September! God Høst! Autumn begins September 23

The summer has gone by so quickly, I hope everyone had a wonderful “straw-hat, flip-flops, read a good book, relax-if-you-want season” Autumn marks the transition from summer to winter, in September when the duration of daylight becomes noticeably shorter and the temperature cools considerably. One of its main features in temperate climates is the shedding of leaves from deciduous trees. Another feature of Fall is the return to the local Sons of Norway Lodge meetings for those who have been on hiatus for the summer. There were members of our 3D lodges who did a bit of traveling this summer and members who have had home exploits. The lodges hope to hear about their adventures. The Third District is comprised of members of lodges who have continued to provide great meetings and activities. As everyone is welcome, let’s start off the new round of meetings by bringing an acquaintance and show them what we have to offer in fraternalism, culture, and friendship.

We’ll be thinking of the 2020 convention in Jacksonville, the Alzheimer’s Goal, elections, programs and Jultrefests, and the always popular retention and recruitment goals. Lot’s going on this time of the year! Reach out and help your local lodge and get involved. Benjamin Franklin said, “Tell me and I forget, teach me and I remember but Involve me and I learn.”

We all share a connection and are here to support each other, if there are issues within your lodge there may be keys that other lodges have discovered and can share. There are a number of reasons why we are the “Tremendous Third” and the care and backing of each other is one of them. Thanks again everyone for all you do.

Our District Board will be meeting in October. If there are any topics you feel need to be brought to our attention, don’t hesitate to contact your leaders.

Fraternally,
Kathy Dollymore
3D President

Find out more about Sons of Norway!

Sons of Norway Website	https://www.sofn.com/
Facebook	http://www.facebook.com/groups/SonsofNorway/
Twitter	http://twitter.com/#!/SonsofNorway
LinkedIn	http://www.linkedin.com/company/2080826

... and here are some informative Genealogy Websites!

A comprehensive list of sites related to Norwegian-American genealogy.
<http://homepages.rootsweb.ancestry.com/~norway/>

Oldest church registers in Norwegian Parishes. Shows the year in which different parishes began keeping church records.
<http://www.nndata.no/home/jborgos/register.htm>

<http://www.cyndislist.com/norway/>

List of sites related to Norwegian-American genealogy

The National Library of Norway, including Norwegian newspapers.
<http://www.nb.no>

The Norwegian Emigration and Genealogy Center
<http://www.emigrationcenter.com/index.cfm>

Norwegian National Archive. Includes the 1660, 1801, 1865 and 1900 censuses.
<http://digitalarkivet.uib.no/cgi-win/WebFront.exe?slag=vis&tekst=meldingar&spraak=e>

Search amongst 16,000 documents from Norway during the period 1050 – 1590
http://www.dokpro.uio.no/dipl_norv/diplom_field_eng.html

And here are some interesting sites related to travel to Norway / Scandinavia –

Norway's Official Site	www.Norway.org
Royal Norwegian Embassy, Washington D.C.	http://www.norway.org/embassy/washington/
Royal Norwegian Consulate General New York	http://www.norway.org/News_and_events/CG-New-York/
Norway's Travel Requirements	https://travel.state.gov/content/passports/en/country/norway.html
Hurtigruten Voyages	http://www.hurtigruten.us
Viking River Cruises	http://www.vikingrivercruises.com
Norwegian American Genealogical Center & Naseth Library	http://www.nagcni.org
Vesterheim Museum: "A Norwegian American Treasure"	http://vesterheim.org/index.php